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ER SURVIVAL GUIDE

Readmissions more than double the cost of care. Episodes of care involving 1 readmission cost approximately \$33,000.

–The Journal of Managed Care (2012)

Jim K.
Individual
Valued
College
Professor



1 in every 3 older American adults — about 12 million seniors — will fall this year.

– Centers for Disease Control and Prevention (2012)

fall prevention program

In 2010, 2.3 million nonfatal fall injuries among older adults were treated in emergency departments and more than 662,000 of these patients were hospitalized.
– Centers for Disease Control and Prevention (2012)

By 2020 the total annual cost of fall related injuries are expected to reach 32.4 billion annually.
– Centers for Medicare and Medicaid Services (2007)

1 in every 3 older American adults — about 12 million seniors — will fall this year
– Centers for Disease Control and Prevention (2012)

With volumes of falls treated in the ER, it's critical that when patients return home there are resources in place for ongoing care following discharge, in turn reducing recidivism. The Bowes In Home Care Fall Prevention Program is supported by proven outcomes through retraining neuro-muscular patterns as well as correcting muscle impairments that lead to frequent falls.



Debra F.
Individual
Valued
Registered
Nurse

cardiac care program

Average cost for a cardiac readmission ranges from \$1,522 to \$18,927.

– Division of General Medicine (2010)

There are 5 million cases of heart failure with an additional 500,000 new cases diagnosed annually.

– American Heart Association (2001)

By 2014, hospitals could lose up to 3% in pay if they have high readmission rates.

– Centers for Medicare and Medicaid Services

The prevalence of heart failure continues to increase and has resulted in an annual expenditure of 10 billion dollars for diagnosis and treatment.

– The American Heart Association (2012)

The emergency department continues to provide the highest level of cardiac care to patients, a level of care that Bowes In Home Care will continue to provide once the patient returns three phases: acute, sub-acute, and beyond. Skilled Nursing focuses on medication reconciliation to reduce polypharmaceutical cardiac exacerbation and Physical Therapy focuses on endurance, strength, flexibility, posture and alignment through tai chi and yoga.

Those age 65 and older with dementia are hospitalized three times more than their peers.

– Dementia Experts (2012)

cognitive program

Those age 65 and older with dementia are hospitalized three times more than their peers – and 25% will be readmitted within 30 days.

– Dementia Experts (2012)

The continuum of care provided through the Bowes In Home Care Cognitive Program provides support to patients and their loved ones while at home, when dealing with changes in mood and behaviors connected with the disease. The clinicians working under the program have been successful in reducing psychotropic medications through behavioral management.



Mary C.
Individual
Valued
Housewife
and Mother
of 7

pain management program

100 million Americans suffer from Chronic Pain.

– Institute of Medicine of The National Academies (2012)

Hospitalizations account for nearly one third of the 2 trillion dollar annual cost of health care in the United States. These hospitalizations are costly, potentially harmful, and often preventable.

– Patient Safety Authority (2010)

The Bowes In Home Care Pain Management Program begins with an in-depth assessment of increased behaviors, weight loss, changes in eating habits, sleep patterns, and activity participation or isolation. The utilization of yoga, tai chi, relaxation and imagery, massage, gentle touch, as well as heat therapy provide relief, and together with appropriate medication reconciliation, eases pain.

More than 3 million Americans suffer from pain and swelling due to Lymphedema.

– Centers for Disease Control and Prevention (2008)

lymphedema program

More than 3 million Americans suffer from pain and swelling due to Lymphedema.

– Centers for Disease Control and Prevention (2008)

The most common form of infection that a Lymphedema patient may develop is cellulitis which can become a major complication requiring hospitalizations.

– American Medical Association (2012)

76% of hospital consultant episodes for cellulitis required hospital admissions.

– Hospital Quality and Clinical Excellence (2013)

Certified Lymphedema therapists developed this program with the implementation of hands-on manual therapy and modalities for pain, utilizing physical therapy frequencies as often as needed. Customized compression treatments reduce swelling and prevent scarring and other complications.



Martin S.
Individual
Valued
Vietnam Veteran
Purple Heart,
Bronze Star

parkinson's program

Approximately 60,000 Americans are diagnosed with Parkinson's disease each year, and this number does not reflect the thousands of cases that go undetected.

– Parkinson's Disease Foundation (2013)

78% of hospital consultations for Parkinson's and other extrapyramidal and movement disorders required hospital admission.

– Hospital Quality and Clinical Excellence (2013)

48% of hospital episodes for Parkinsonism and other extrapyramidal and movement disorders were for women. 52% were with men. 13 days was the median stay.

– Hospital Quality and Clinical Excellence (2013)

The Bowes In Home Care Parkinson's Program provides cognitive processing therapies to retrain the brain. Physical Therapy techniques combine tai chi and yoga to combat bradykinesia and rigidity as well as re-educating gait and transfer practices. Bowes In Home Care has a Certified Hand Specialist providing specialized therapies and modifications for custom hand braces.

25 percent of all hospital admissions for patients over 65 years of age involve medication toxicity.

– National Council on Patient Information (2012)

medication management program

Statistics from the National Council on Patient Information and Education show that nearly 25 percent of all hospital admissions for patients over 65 years of age involve medication toxicity.

– National Council on Patient Information (2012)

Medication Management is a simple but important component of patient care. Our Medication Management Program includes medication cassette setup, review of doctor's orders, ordering medications and/or renewing prescriptions, monitoring medications, as well as making necessary intermittent medication changes as needed.

This service is often covered during a Medicare Certification period for those patients who qualify, or can be provided on a private pay basis at a monthly rate of \$200.00.



Doreen M.
Individual
Valued
Caregiver

IN HOME
PERSONAL SERVICES
HOMECARE RE-IMAGINED

in home personal services

In Home Personal Services is a private duty home services agency offering caregiver and CNA services with no hourly or daily minimums. Whether the patient needs assistance for one hour a day, or live-in care, In Home Personal Services can provide a caregiver with the appropriate skill set and experience level to maintain quality care.

In Home Personal Services' caregivers and CNAs are trained on all [Bowes In Home Care Programs](#) and utilize observation skills and techniques to reinforce necessary lifestyle changes in the home.

Live-in Caregivers — \$170.00 per day

GENERAL HOURLY RATES

1 hour per day – \$30.00 per hour

2 hours per day – \$25.00 per hour

3-8 hours per day – \$20.00 per hour

Over 8 hours per day – \$17.00 per hour

bowes in home care

The goal of the Bowes In Home Care ER Survival Guide is to provide nurses and discharge planners with information on our programs geared towards decreasing hospitalizations through providing a higher level of care within the home. Our programs were developed to focus on the ailments that are most often catalysts for recidivism, in turn reducing readmissions.

BOWES IN HOME CARE — THE BASICS

- Intake Nurses are on duty from 8:00 a.m. – 8:00 p.m. seven days a week
- Coverage area – Winnebago, Boone, McHenry, Lake, DeKalb, Kane, Cook, DuPage, Will counties
- Insurance accepted: Medicare, Blue Cross Blue Shield, Aetna, Aetna Medicare Replacement, Humana, Humana Medicare Replacement, United Healthcare, Coventry of Illinois, HMO depending on Plan (our staff will call to verify)
- Director of Clinical Liaisons available as one point of contact to streamline communication

To make the referral process seamless, please contact us via Allscripts.



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